



October Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			October 1 Homemade Pizza (wg) Green Beans Sidekick Pears	October 2 Hot Ham & Cheese Sandwich (wg) Fries Peas Pineapple
October 5 Cheese Quesadilla (wg) Carrots Mixed Fruit Rice Krispie Bar (wg)	October 6 Chicken Nuggets (wg) Corn Fries Bread (wg) Pears	October 7 French Toast Sticks (wg) Omelet Tri Tater Mandarin Oranges	October 8 Calzone (wg) Green Beans Cake (wg) Peaches	October 9 Mexi Burger on a Bun (wg) Gems Baked Beans Applesauce
October 12 Pizza Sticks (wg) Green Beans Yogurt Pears	October 13 Hotdog on a Bun (wg) Fries Baked Beans Pineapple	October 14 Popcorn Chicken (wg) Rice (wg) Carrots Bread (wg) Peaches	October 15 Turkey Sandwich (wg) Chips Peas Mixed Fruit	October 16 Fiestada (wg) Corn O'Henry Bar (wg) Applesauce
October 19 Hamburger on a Bun (wg) Gems Baked Beans Pineapple	October 20 Chicken Patty (wg) Au Gratin Potatoes Peas Bread (wg) Peaches	October 21 Chili Crackers (wg) Cheese Slice Baby Carrots Cinnamon Roll (wg) Pears	October 22 Chicken Strips (wg) Rice (wg) Corn Bread (wg) Mandarin Oranges	October 23 Walking Taco (wg) Refried Beans Ice Cream Bar Applesauce
October 26 Corndog (wg) Baked Beans Fries Peaches	October 27 Orange Chicken (wg) Rice (wg) Corn Bread (wg) Mixed Fruit	October 28 Hot Ham/Cheese Sandwich (wg) Gems Peas Pineapple	October 29 Spaghetti (wg) Broccoli Breadstick (wg) Applesauce	October 30 Mini Pizza (wg) Green Beans Cookie (wg) Pears

Salad and yogurt offered in place of the main entrée. Fruit and veggie bar and milk available with entrée.
 All menus are subject to change. (WG) indicates whole grain items.
 This institution is an equal opportunity employer.